

SONG: ANY OLD TIME

Intermediate couples routine

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<p><b>Chain</b></p> <p>4 S &amp; R 3 S &amp; R 2 S &amp; R 1 S &amp; D L R</p>	<p><b>Triple Drag</b></p> <p>4 S &amp; R 3 S &amp; DR 2 S &amp; DR 1 S &amp; DR L R</p>	<p><b>Lucy Brushover</b></p> <p>4 sl &amp; T(XIB) 3 S &amp; TCH(XIF) 2 SL &amp; BR 1 S &amp; D L R</p>	<p><b>Hard Step</b></p> <p>4 S &amp; R 3 S &amp; D 2 SL &amp; BR 1 SL &amp; D(b) L R</p>	<p><b>Slur</b></p> <p>4 S &amp; R 3 S &amp; D 2 S(XIB) &amp; SLUR 1 S &amp; D L R</p>
<p><b>Turning Vine</b></p> <p>4 S (TURNING 360 right) &amp; D 3 S &amp; D 2 S(XIF) &amp; D 1 S &amp; D L R</p>	<p><b>Turning Rock</b></p> <p>8 S &amp; R 7 S &amp; R 6 S &amp; R 5 S &amp; R 4 S &amp; R 3 S &amp; R 2 S &amp; R 1 S &amp; D L R</p>	<p><b>Cowboy</b></p> <p>8 S &amp; R 7 S &amp; R 6 S &amp; R 5 S(XIF) &amp; D 4 SL &amp; BR 3 S &amp; D 2 S &amp; D 1 S &amp; D L R</p>	<p><b>Triple</b></p> <p>4 S &amp; R 3 S &amp; D 2 S &amp; D 1 S &amp; D L R</p>	

Carolina Heel -- face partner hold gents left in ladies right ladies right in gents left. Both lean back allowing toes to come off the ground on count 1. Then on count 2 the toes come back in contact with the ground and the knees are bent.



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Twirl #1 -- Ladies lead -- 16 beats

Begin facing partner with the gents left side to the audience. The gent is holding the ladies left hand in his left hand. The girl moves around boys left side to face his back then she takes his right hand in her right hand. At this point the couple has their left side to the audience the ladie is behind the gent and they are holding both hands (left in left; right in right). As a unit, the couple turns left  $\frac{1}{4}$  to face the audience. The gent is still in front of the ladie. The gent then bringing left hands over his head and right hands behind the girls right shoulder twirls the girl to the right and she ends up standing beside him facing the audience. The left hands are joined in front of the couple and the right hands are resting lightly on the girls right shoulder.(you never let go hands once you start the twirl)--this is done in 8 basics.

Twirl #2 -- Behind the head spin out -- 8 beats

Begin facing partner with the gents left side to the audience. The gent is holding the ladies right hand in his left and her left hand in his right. The ladie steps to the right side of the gent and brings her left hand behind her head as the gent brings his left hand behind his head (still holding hands w/eachother). Walking forward in a circle around each other the gent lets go of the ladies right hand and the ladie lets go of the gents right hand -- Allow the hands to slide from the back of the partners neck down the right arm to clasp right hand in right hand. Then the girl turns right (into the arms) the gent turns left away from the arms both turn in a "dishrag spin". End facing the audience. This is done in 8 single steps.

Twirl #3 -- Pretzel -- 8 beats

Begin facing your partner. Ladies right hand in gents left. The ladie steps under the gents left arm and takes his right hand in her left hand. The gent takes his left arm over the girls head the turns slightly right and puts his right arm over the girls head. At this point (in you haven't broken anything) the ladie is standing slightly to the left in front of the gent with her right arm crossed over her left --the gent is holding the ladies left hand in his right and her right in his left. The gent then lets go of the ladies right hand and spins her out to face the front.

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A = 1 Chain (backing left-ladie in front)  
1 triple drag  
1 chain (backing right-gent in front)  
1 triple drag  
2 Lucy Brushover (holding hands in promenade position)  
1 turning rock step (turn in promenade position 2 circles right)  
Hands up & out 1 basic (repeat 3 times)  
1 basic  
1 Carolina Heel  
1 Twirl #1--Ladies Lead

Total Beats in A = 64

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The Dance = A -- Twirl #2 -- 2 hard step -- 2 cowboy -- Twirl # 3 -- 2 slur --  
1 turning vine -- 1 triple -- 1 truning vine -- 1 triple -- A

 Simone Nichols Pace

*Simone*