

TITLE: DOWN AT THE TWIST AND SHOUT
 TAPE: SHOOTING STRAIGHT IN THE DARK
 MARY CHAPIN CARPENTER
 LEVEL: INTERMEDIATE(NO BUCK)



THE SEQUENCE: A B A C B A C B A C C

THE SECTIONS:

A = 1 HIGH HORSE W/ TWIST
 1 STAMP
 1 HIGH HORSE W/ TWIST
 1 STAMP

B = 1 HEEL TWIST
 1 MY WAY
 1 HEEL TWIST
 1 MY WAY

C = TWO STEP TURN
 1 TOE HEEL

THE STEPS:

HIGH HORSE TWIST

8	LIFT	TW(RT)
&	TW	TW(LEFT)
7	TW	TW(RT)
&		D
6	S	
&	D	
5	LIFT	SL
&		BA(XIB)
4	BA(XIF)	
&		BA(OTS)
3	SL	
&		D(UNX)
2	SL	
&		D(XIF)
1	S	
&	D	
L		R

STAMP

8		SL
&	STA	
7		SL
&	STA	
6		S
&		D
5	S	
&	D	
4		SL
&	STA	
3		S
&		D
2	SL	
&		STA
1	S	
&	D	
L		R

HEEL TWIST

8	S	
&		R
7	S	
&	D	
6		S
&		D
5	S	
&	D	
4		S(OTS)
&	BA(XIF)	
3		BA(OTS)
&	BA(XIB)	
2		S(OTS)
&		
1	H(XIF)	
&		
L		R

MY WAY

8	LIFT	SL
&		DR(TURN 1/2 RT)
7		S
&	R	
6		S
&		D
5	SL	LIFT
&		
4	BA	HL
&		BA
3	BA	
&		BA
2	S	
&	D	
1		ST
&		
L		R

TWO STEP TURN

8		S
&	R	
7		S
&		
6	S	(TURN 1/2 L)
&		
5		S
&		
4	S	
&		R
3	S	
&		
2		S(TURN 1/2 RT)
&		
1	S	
&		
L		R

TOE HEEL

8		S
&	R	
7	LIFT	SL
&	D	DR
6	LIFT	SL
&	D	DR
5		ST
&		
4		H
&		T
3		H
&		T
2		H
&		T
1	S	
&	D	
L		R